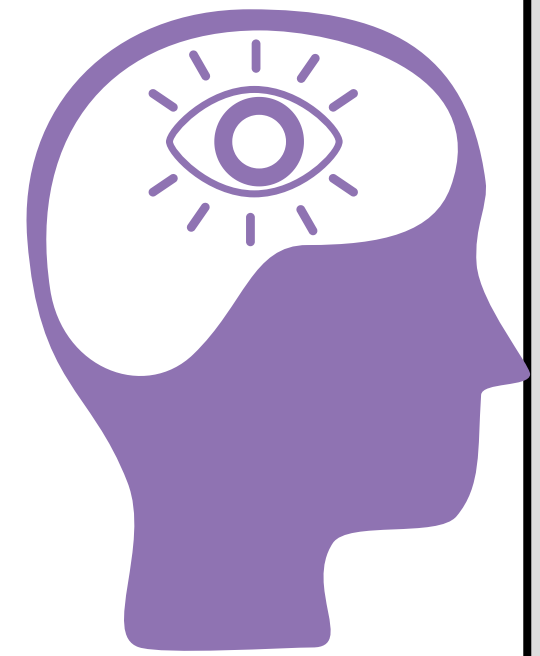


EXPLORING THE IMPACTS OF BIASES ON STUDENT

Mental Health

Bias can harm students' mental health in certain situations. Experiencing discrimination and bias can lower self-esteem, increase anxiety and stress, and lead to feelings of injustice and anger. As a result, students may struggle to focus on their schoolwork and advance in their careers.



Feeling Different

Being in a position that limits students' ability to seek out opportunities unintentionally makes them feel alienated. At times, teachers may unfairly expect certain races to conform to stereotypes about intelligence. This can create significant disparities in how these groups are perceived and how they perceive themselves.



Sense of belonging

Many students, particularly those from marginalized backgrounds, may feel introverted and isolated at school due to the attitudes of both students and teachers. As a result, they often avoid participating in classroom activities and field trips.

